



ANAHEIM FAMILY YMCA  
**Canyon High School Pool**  
 220 S Imperial Hwy, Anaheim, CA 92807

**Sat. Session I: Saturdays May 9-May 30** (Class Dates: 5/9, 5/16, 5/23, 5/30)

Four 35-minute lessons

Rates:	\$63	\$63	\$68	\$68	\$65	\$65	\$65	\$65	\$65	\$63	\$165
Swim Stage:	Swim Starter (Parent & Child)		Swim Basics				Swim Strokes				Private
Lesson Type:	Water Discovery	Water Exploration	Water Acclimation		Water Movement	Water Stamina	Stroke Introduction	Stroke Development	Stroke Mechanics	Intro to Water Polo	Private Lesson
Level:	Infant & Toddler	Young Beginner	Tiny Tots	Level 1: Polliwog	Level 2: Guppy	Level 3: Minnow	Level 4: Fish	Level 5/6 COMBO	Swim Team Prep		
Ages:	6 mo.-2	2-4 yrs	3-5 yrs	5-up yrs	5-up yrs	5-up yrs	5-up yrs	7-up	7-up	7-up	All Ages
Ratio:	8:01	8:01	4:01	5:01	6:01	6:01	6:01	8:01	8:01	10:01	1:01
9:00a-9:35a	8		4	5	6	6	6				1
9:40a-10:15a		8	4	5	6	6			8		1
10:20a-10:55a			4	5	6	6		8		10	1
11:00a-11:35a			4	5	6	6	6		8		1
<b>11:35-11:45p</b>	BREAK - no program during this time										
11:50a-12:25p	8		4	5	6	6		8			1
12:30p-1:05p		8	4	5	6	6			8		1
1:10p-1:45p			4	5	6	6	6				2



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**Sat. Session II: Saturdays June 20 – July 18** (Class Dates: 6/20, 6/27, 7/11, 7/18) **no class 7/4**

**Sat. Session III: Saturdays July 25 – August 15** (Class Dates: 7/25, 8/1, 8/8, 8/15)

Four 35-minute lessons

Rates:	\$63	\$63	\$68	\$68	\$65	\$65	\$65	\$65	\$65	\$63	\$165
Swim Stage:	Swim Starter (Parent & Child)		Swim Basics				Swim Strokes				Private
Lesson Type:	Water Discovery	Water Exploration	Water Acclimation		Water Movement	Water Stamina	Stroke Introduction	Stroke Development	Stroke Mechanics	Intro to Water Polo	Private Lesson
Level:	Infant & Toddler	Young Beginner	Tiny Tots	Level 1: Polliwog	Level 2: Guppy	Level 3: Minnow	Level 4: Fish	Level 5/6 COMBO	Swim Team Prep		
Ages:	6 mo.-2	2-4 yrs	3-5 yrs	5-up yrs	5-up yrs	5-up yrs	5-up yrs	7-up	7-up	7-up	All Ages
Ratio:	8:1	8:1	4:1	5:1	6:1	6:1	6:1	8:1	8:1	10:1	1:1
9:00a-9:35a	8		4	5	6	6			8		1
9:40a-10:15a		8	4	5	6	6		8			1
10:20a-10:55a			4	5	6	6	6			10	1
11:00a-11:35a			4	5	6	6	6		8		1
<b>11:35-11:45p</b>	BREAK - no program during this time										
11:45a-12:20p	8		4	5	6	6		8			1
12:25-1:00p		8	4	5	6	6			8		1



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**Sun. Session I: Sundays May 10-May 31** (Class Dates: 5/10, 5/17, 5/24, 5/31)

**Sun. Session II: Sundays June 21 – July 19** (Class Dates: 6/21, 6/28, 7/12, 7/19) **no class 7/5**

**Sun. Session III: Sundays July 26 – August 16** (Class Dates: 7/26, 8/2, 8/9, 8/16)

**Sunday Sessions**

Four 35-minute lessons

Rates:	\$63	\$63	\$68	\$68	\$65	\$65	\$65	\$65	\$65	\$63	\$165
Swim Stage:	Swim Starter (Parent & Child)		Swim Basics				Swim Strokes				Private
Lesson Type:	Water Discovery	Water Exploration	Water Acclimation		Water Movement	Water Stamina	Stroke Introduction	Stroke Development	Stroke Mechanics	Intro to Water Polo	Private Lesson
Level:	Infant & Toddler	Young Beginner	Tiny Tots	Level 1: Polliwog	Level 2: Guppy	Level 3: Minnow	Level 4: Fish	Level 5/6 COMBO	Swim Team Prep		
Ages:	6 mo.-2	2-4 yrs	3-5 yrs	5-up yrs	5-up yrs	5-up yrs	5-up yrs	7-up	7-up	7-up	All Ages
Ratio:	8:1	8:1	4:1	5:1	6:1	6:1	6:1	8:1	8:1	10:1	1:1
9:00a-9:35a	8		4	5	6	6			8		1
9:40a-10:15a		8	4	5	6	6		8			1
10:20a-10:55a			4	5	6	6	6			10	1
11:00a-11:35a			4	5	6	6	6		8		1
<b>11:35-11:45p</b>	BREAK - no program during this time										
11:45a-12:20p	8		4	5	6	6		8			1
12:25-1:00p		8	4	5	6	6			8		1