



LNH Cold

JULY LUNCH



*MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

*Chicken Nugget Dippers or Vegan Nugget dipper with BBQ sauce and Corn

2

*Southwest Chicken salad or *Southwest salad with Beans and Cheese (V)

3

*Honey Mustard Chicken Sandwich or Cheese Sandwich (V) with Cucumbers

4



Holiday Cookie

7

*Chicken salad with Tortilla chips or Hummus with Tortilla chips (V) with Corn

8

*Turkey Ham, Chicken and Cheese Wedge Sandwich or Cheese Sandwich (V) with Cucumbers

9

*Chicken Caesar salad with Croutons or *Tofu Caesar Salad with Croutons (V)

10

*Turkey + Cheese Wrap with Celery or *Cheese Pizza Pack (V)

11

*BBQ Chicken Sandwich or Yogurt *Parfait (V) with Baby Carrots

14

*Walking Taco with Beef or Walking Taco with Cheese (V) and Beans



15

*Chicken Ranch Sandwich or *Yogurt Parfait and Corn

16

*Asian Chicken Salad or *Asian Salad with Edamame (V) and Crispy Noodles

17

*Turkey Ham and Cheese on Hawaiian Roll or Cheese Sandwich (V) with Cucumbers

18

*Cheese Pizza Pack (V) or WOWbutter uncrustable with Cheese stick (V) Celery sticks

21

*Chicken and Mozzarella Sandwich or *Cheese Sandwich (V) with Celery Sticks

22

*Chicken Salad with Tortilla Chips or *Hummus and Tortilla chips (V) with Corn

23

*Italian Salad with Turkey or *Italian salad with Tofu (V) and Tortilla chips

24

*BBQ Chicken Sandwich with Cucumber or *Cheese Pizza Pack (V)

25

*Turkey + Cheese Wrap or Yogurt *Parfait (V) with Baby Carrots

28

*Fajita Chicken or *Cheese and Bean pack (V) with Tortilla chips and salsa

29

*Chicken Nugget Dippers or Vegan Nugget dipper with BBQ sauce and Corn

30

Chef Salad with Turkey or Garbanzo Beans (V) with *Frito chips

31

*Honey Mustard Chicken Sandwich or Cheese Sandwich (V) with Cucumbers

All meals are served with a choice of milk

* This institution is an equal-opportunity provider (V) Vegetarian