



ANAHEIM FAMILY YMCA

SPRING CONNECTIONS

1422 W. Broadway, Anaheim, CA 92802 | 714.635.9622

CONNECTING OUR
COMMUNITY FOR A
BETTER TOMORROW.

WE'RE HIRING!

Check our website for
open positions at the Y.

anaheimymca.org





COMMUNITY SUPPORT FOR YOUTH DEVELOPMENT

The Anaheim Family YMCA believes that young people deserve every opportunity possible to learn, grow and thrive. By connecting kids to their potential, purpose, and each other, the Y empowers kids and teens to shape the communities of tomorrow and today.

The Anaheim Family YMCA thanks the following partners for their support this past quarter in Youth Development:

- AESD
- Alden and Linda Esping
- Anaheim Community Foundation
- Angels Baseball
- AUHSD
- Assemblywoman Sharon Quirk-Silva
- Brent and Julie Finlay
- City of Anaheim
- David and Amy Davidson
- Disneyland Resort
- Discovery Science Center
- Gail and Eric Anderson
- Grazie Grazie Pizzeria
- Janet Escobar
- LA84 Foundation
- Marty and Rich Dutch
- Masciel Real Estate
- Orange County Soccer Club
- Paul Andresen
- Paul Kott Realtors
- Presidio Communications
- Republic Services
- SoCal Gas
- Tony Serna

THANK YOU FOR YOUR SUPPORT!

"These gifts will support youth development, program scholarships and food insecurity initiatives at the Anaheim Family YMCA and support our promise to strengthen and enrich the lives of kids and families in our communities."

- Brent Finlay, Anaheim Family YMCA President & CEO

Dear YMCA Family Members,

I am filled with optimism and gratitude to share the evolving stories surrounding our Anaheim Family YMCA's growth, partnerships, and the impact we continue to make in our community.

We are happy to announce the renewal of our partnership with the Orange County Soccer Club, a collaboration that has immensely bolstered our soccer league. This alliance brings professional insights to our athletes, reinforcing a sense of growth in a way only a professional team's involvement provides. Our collaboration with the Anaheim Ducks brings a similar energy to our street hockey program, further contributing a layer of dynamic sports education to our offerings.

Looking ahead, our basketball and volleyball leagues are gearing up to provide another season of healthy competition. We are also delighted to welcome the game of pickleball to our YMCA Community Complex as we add to our portfolio of activities to engage members of all ages. At the heart of our mission is the commitment to nurture well rounded scholars, athletes, and leaders. Through our after-school program, we're providing a supportive environment where kids can flourish. Programs like the Nutrition Club and Avanza go above and beyond to prepare our youth for their future.

But the heartbeat of our Y is you – our community. Whether you are a member seeking personal growth, a student aspiring to new heights, a volunteer coach with guidance to give, or a community member considering a fulfilling career with us, your involvement is the key to our success. This is how the YMCA serves as a platform for you to inspire, learn, and contribute.

We invite you to dive into the diverse opportunities of the Y. Your YMCA awaits you with open arms and endless possibilities.

Queridos miembros de la familia YMCA,

Me siento lleno de optimismo y gratitud al compartir las historias cambiantes que rodean el crecimiento, las asociaciones y el impacto que continuamos teniendo en nuestra comunidad de Anaheim Family YMCA.

Nos complace anunciar la renovación de nuestra asociación con el Orange County Soccer Club, una colaboración que ha reforzado enormemente nuestra liga de fútbol. Esta alianza aporta conocimientos profesionales a nuestros atletas, reforzando una sensación de crecimiento de una manera que sólo ofrece la participación de un equipo profesional. Nuestra colaboración con los Anaheim Ducks aporta una energía similar a nuestro programa de hockey callejero, contribuyendo aún más con una capa de educación deportiva dinámica a nuestra oferta.

Mirando hacia el futuro, nuestras ligas de baloncesto y voleibol se están preparando para ofrecer otra temporada de competencia sana. También estamos encantados de darle la bienvenida al juego de pickleball a nuestro Complejo Comunitario YMCA a medida que agregamos a nuestra cartera de actividades para involucrar a miembros de todas las edades. En el centro de nuestra misión está el compromiso de formar académicos, atletas y líderes integrales. A través de nuestro programa extraescolar, brindamos un entorno de apoyo donde los niños pueden prosperar. Programas como el Club de Nutrición y Avanza van más allá para preparar a nuestros jóvenes para su futuro.

Pero el corazón de nuestra YMCA eres tú, nuestra comunidad. Si usted es un miembro que busca crecimiento personal, un estudiante que aspira a alcanzar nuevas alturas, un entrenador voluntario con orientación que brindar o un miembro de la comunidad que está considerando una carrera satisfactoria con nosotros, su participación es la clave de nuestro éxito. Así es como la YMCA sirve como plataforma para inspirar, aprender y contribuir.

Te invitamos a sumergirte en las diversas oportunidades de YMCA. Tu YMCA te espera con los brazos abiertos y un sinfín de posibilidades.

Best Regards,
Brent Finlay, President and CEO





ANAHEIM ACHIEVES SPOTLIGHT



ESPORTS: A SMASHING SUCCESS

The Anaheim Family YMCA recently hosted its spectacular second Esport Tournament at Dale Jr. High School, drawing over 100 students from 9 junior high and high schools to compete in the popular Nintendo game Smash Bros. The tournament showcased the increasing interest in esports among youth.

With seven gaming stations set up for an immersive experience, the night featured a blend of competition and casual play. Complementing the digital action, the Y also provided a festive atmosphere with a taco plate dinner and use of the Dance Dance Revolution machine to add another element of fun. The tournament brought youth from across campuses together, created lasting memories, and fostered friendships over a shared common interest.

Anaheim Family YMCA organizó recientemente su segundo torneo espectacular de deportes electrónicos en Dale Jr. High School, atrayendo a más de 100 estudiantes de 9 escuelas secundarias y preparatorias para competir en el popular juego de Nintendo Smash Bros. El torneo demostró interés creciente en los deportes electrónicos entre los jóvenes.

Con siete estaciones de juego configuradas para una experiencia inmersiva, la noche contó con una combinación de competencia y juego informal. Complementando la acción digital, el YMCA también brindó un ambiente festivo con una cena de un plato de tacos y el uso de la máquina Dance Dance Revolution para agregar otro elemento de diversión. El torneo reunió a jóvenes de todos los campus, creó recuerdos duraderos y fomentó amistades en torno a un interés común compartido.

DISCOVERING SCIENCE AND SURVIVAL



Our Anaheim Achieves program collaborated with the Discover Cube in Santa Ana. Known for its engaging and educational experiences, the Discover Cube enriches learning in STEM for students, teachers, and families. Young learners in TK-2nd grade were treated to the "Let It Snow" program, where they dived into topics like weather patterns, animal adaptations, and camouflage.

Meanwhile, our students in grades 3-6 journeyed with the "Survival Camp" program. This immersive experience challenged them to master navigation and survival tactics in natural environments. They crafted and constructed shelters, experimenting with different materials to gauge the effectiveness of their insulation. These activities enhanced their understanding of survival techniques and also enabled them to have a hands-on approach to learning.

Nuestro programa Anaheim Achieves colaboró con Discover Cube en Santa Ana. Conocido por sus experiencias atractivas y educativas, Discover Cube enriquece el aprendizaje en STEM para estudiantes, maestros y familias. Los jóvenes estudiantes de TK a segundo grado disfrutaron del programa "Let It Snow", donde profundizaron en temas como patrones climáticos, adaptaciones de animales y camuflaje.



Mientras tanto, nuestros estudiantes de 3.^o a 6.^o grado viajaron con el programa "Campamento de supervivencia". Esta experiencia inmersiva los desafió a dominar tácticas de navegación y supervivencia en entornos naturales. Diseñaron y construyeron refugios, experimentando con diferentes materiales para medir la eficacia de su aislamiento. Estas actividades mejoraron su comprensión de las técnicas de supervivencia y también les permitieron tener un enfoque práctico del aprendizaje.

ELO-P SPRING DAY CAMP 2024

The Expanded Learning Opportunities Program (ELO-P) will be available at all 23 in-person school sites, free of charge, for all TK-6th grade AESD students. Please send your child with a breakfast item. Lunch and snack will be provided. This program is available to AESD students only.

El Programa de Oportunidades de Aprendizaje Ampliadas (ELO-P) estará disponible en las 23 escuelas presenciales, de forma gratuita, para todos los estudiantes de AESD desde jardín de infantes hasta sexto grado. Por favor envíe a su hijo con un artículo para el desayuno. Se proporcionará almuerzo y merienda. Este programa está disponible únicamente para estudiantes de AESD.

Dates: April 1-5, Monday - Friday

Program Hours: 7:30 a.m. – 6 p.m.

Fee: FREE

Registration Opens: February 20

Registration Closes: March 8

Scan the QR Code to register!

Fechas: 1 al 5 de abril, de lunes a viernes

Horario del programa: 7:30 a. m. – 6 p. m.

Tarifa: GRATIS

Apertura de inscripción: 20 de febrero

Cierre de inscripciones: 8 de marzo

¡Escanea el código QR para registrarte!

Priority registration will be given to McKinney-Vento and foster youth. **Se dará prioridad de inscripción a McKinney-Vento y a los jóvenes de crianza.**

For more information, call (714) 635-9622.

Para más información, llame al (714) 635-9622.



ADAPTIVE MUSICAL THEATER PROGRAM

For youth and adults with diverse disabilities (Ages 16+)

Experience the many facets of musical theater, singing, dancing, acting & performing! At the end of the program, actors showcase their diverse talents in a final performance and Special Friends Social! The Final Performance & Social takes place on the last day of the season.



Visit anaheimymca.org.

Register Today!



Fee:

\$95 for 9 weeks

Season: April 4th, 2024 – May 30, 2024

Location:

100 S. Atchison St. Anaheim, 92805

STEP INTO WELLNESS!

DAILY STEP GOALS

1 START OFF STRONG



Begin your day with an early morning stroll around your neighborhood.

2 TASKS INVOLVE WALKING



Incorporate walking into your daily routine by parking further from the store or taking a stroll while on the phone.

3 MAKE IT FUN



Involve friends, family, or colleagues. Organize walk-and-talk meetings.

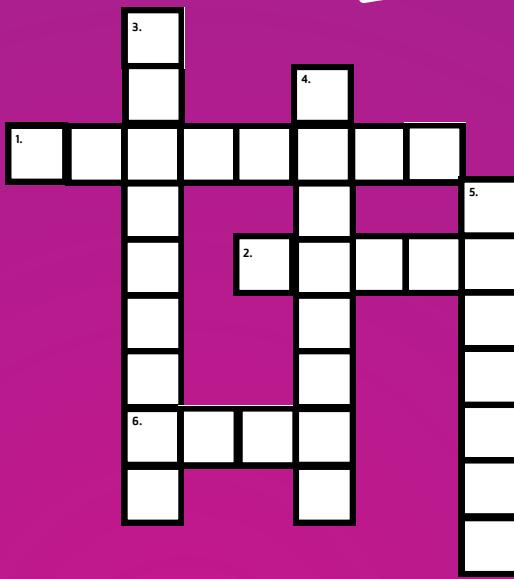
ACTIVITY TIME!

ACROSS

- 1) A physical activity that keeps us fit
- 2) What should we drink plenty of each day?
- 6) What is the largest organ of the human body?

DOWN

- 3) The meal eaten in the morning.
- 4) What nutrient obtained from the sun is good for our bones?
- 5) What nutrient makes our muscles strong?



ANSWER KEY:

1. Exercise 2. Water 3. Breakfast 4. Vitamin D 5. Protein 6. Skin

ANAHEIM FAMILY YMCA SWIM LESSONS

PEARSON PARK POOL -

400 N Harbor Blvd, Anaheim, CA 92805

Registration for spring classes are now open!

SATURDAY SESSIONS

Saturday Session I: March 2-23

Saturday Session II: April 6-27

SUNDAY SESSIONS

Sunday Session I: March 3-24

Sunday Session II: April 7-28

We are now hiring for Swim Instructors and Lifeguards!

Find out more by visiting anaheimymca.org or calling (714) 635-9622



Register Today!

YMCA COMMUNITY COMPLEX

**SPRING REGISTRATION NOW OPEN!
SEASON BEGINS: MARCH 24**
**¡INSCRIPCIONES DE PRIMAVERA YA ABIERTAS!
COMIENZA LA TEMPORADA: 24 DE MARZO**

**Fees: \$100
for 9 weeks**



YOUTH LEAGUES

YOUTH STREET HOCKEY LEAGUE

Registration: Feb 14
Evaluation: March 17
League Begins: March 22
Last Game: May 12
In partnership with
the Anaheim Ducks



YOUTH BASKETBALL LEAGUE

Registration: April 1
Evaluation: May 11
League Begins: June 1
Last Game: August 3



For more info, visit
anaheimymca.org



YOUTH SOCCER LEAGUE

Registration: March 1
Evaluation: April 6
League Begins: May 4
Last Game: June 22
In partnership
with the OC
Soccer Club



CLINICS:

SOCCER SKILLS CLINIC
CLÍNICA DE HABILIDADES
FUTBOLÍSTICAS
AGES/EDADES 5-7 YEARS

BASEBALL SKILLS CLINIC
HABILIDADES DE BÉISBOL
AGES/EDADES 5-7 YEARS

FOOTBALL SKILLS CLINIC
HABILIDADES DE FÚTBOL
AMERICANO
AGES/EDADES 7-11 YEARS

STREET HOCKEY SKILLS CLINIC
CLÍNICA DE HABILIDADES DE
HOCKEY CALLEJERO
AGES/EDADES 7-14 YEARS



YOUTH VOLLEYBALL LEAGUE

Registration: March 4
Evaluation: April 7
League Begins: April 20
Last Game: May 18



CONNECTING ALL TO SPORTS AND PLAY

At the Y, our sports staff, coaches, and volunteers all share a singular vision of helping all youth reach their full potential in life. We leverage the excitement and passion around recreational and competitive programming to create a healthy outlet for children to gain new skills, develop a sense of team and connect with positive role models. En el YMCA, todo nuestro personal de deportes, entrenadores y voluntarios comparten una visión singular de ayudar a todos los jóvenes a alcanzar su máximo potencial en la vida. Nos aprovechamos de la emoción y la pasión en torno a la programación recreativa y competitiva para crear una salida saludable para que los niños adquieran nuevas habilidades, desarrollar un sentido de equipo y conectarse con modelos positivos.

SPRING REGISTRATION NOW OPEN!
SEASON BEGINS: THE WEEK OF MARCH 23
¡INSCRIPCIONES DE PRIMAVERA YA ABIERTAS!
COMIENZA LA TEMPORADA: LA SEMANA DEL 23 DE MARZO

SOCER
FÚTBOL
AGES/EDADES 3-6 YEARS

T-BALL
BEISBOL
AGES/EDADES 3-6 YEARS

BASKETBALL
BALONCESTO
AGES/EDADES 3-6 YEARS

TUMBLING
VOLTEANDO
AGES/EDADES 7-17 YEARS

RUNNING CLUB
CLUB DE CORREDORES
AGES/EDADES 7-11 YEARS

GYMNASTICS
GIMNASIO
AGES/EDADES 1½-12 YEAR

SPORTS
DEPORTES
AGES/EDADES 3-6 YEARS

**Fees: \$99 - \$110
for 9 weeks**



SCAN HERE TO REGISTER FOR CLASSES / ESCANEEL AQUÍ PARA REGISTRARSE EN LAS CLASES

CONNECTING ALL TO PERFORMING ARTS

Our Performing Arts programs for youth encourage, nurture, and provide an outlet for creativity. Performing Arts leave a mark on children that last a lifetime, inspiring self-expression, self-esteem, critical and creative thinking.

Nuestros programas de artes escénicas para jóvenes alientan, nutren y proporciona una salida para la creatividad. Artes escénicas dejan una huella en los niños que dura toda la vida, inspirador auto-expresión, la autoestima, el pensamiento crítico y creativo.

SPRING REGISTRATION NOW OPEN!
SEASON BEGINS: THE WEEK OF MARCH 23RD
¡INSCRIPCIONES DE PRIMAVERA YA ABIERTAS!
COMIENZA LA TEMPORADA: LA SEMANA DEL 23 DE MARZO

HIP-HOP
DANZA DE HIP-HOP
AGES/EDADES 3 & UP

POLYNESIAN DANCE
DANZA DE POLINESIA
AGES/EDADES 3-6

MUSICAL THEATER
TEATRO MUSICAL
AGES/EDADES 7 & UP

BALLET
DANZA DE BALLET
AGES/EDADES 3 & UP

POM DANCE
DANZA DE POM
AGES/EDADES 10 & 17

JAZZ DANCE
DANZA DE JAZZ
AGES/EDADES 3-6

BALLET & TAP
DANZA DE BALLET Y TAP
AGES/EDADES 6 & UP

Fees: \$105 for 9 weeks
* Advanced Ballet (\$154)



SCAN HERE TO REGISTER FOR CLASSES / ESCANEEL AQUÍ PARA REGISTRARSE EN LAS CLASES

In-person Registration is at the YMCA Community Complex
1422 W. Broadway, Anaheim CA 92802

FIND NEW GROOVES.

TRY NEW CLASSES AT THE Y!



BATTER UP!

SPRING T-BALL LEAGUE
AT THE YMCA COMMUNITY COMPLEX

AGE GROUPS: 3-6 YEARS OLD (CO-ED)

PRACTICE: 30-40 MINUTES

GAMES: 30-40 MINUTES



REGISTRATION BEGINS: MARCH 1ST

FINANCIAL ASSISTANCE WILL BE PROVIDED

PROGRAM COST: \$99 (INCLUDES TEAM SHIRT, BASEBALL CAP, 6 WEEKS OF GAMES/PRACTICES, AND MEDAL AT END OF THE SEASON)

MOVE TO THE RHYTHM!

ADULT DANCE CARDIO

Days: Tuesdays

Starts: March 5th

Times: 9 a.m. and 10 a.m.

Cost: \$55

Location: West Anaheim Youth Center

Register by scanning the
QR Code or by visiting
anaheimymca.org



KEEP IT IN PLAY!

PICKLEBALL AT THE ANAHEIM YMCA COMMUNITY COMPLEX

You can register on the day you want to play!

Bring your paddles to the YMCA Community Complex, and the Y will provide pickleballs.



Registration Now Open!

Days: Wednesdays and Fridays

Times: 9:30 a.m. to 11:30 a.m.

Cost: \$5 per session (day)

SCAN
HERE TO
REGISTER





THE FASTEST WAY TO BECOME A BETTER ATHLETE

Parisi Speed, Agility, & Strength Program



Now at the Anaheim Family YMCA Community Complex
1422 W Broadway, Anaheim, CA, 92802

Ages 7 & up

The Parisi program is taught by certified Parisi Performance Coaches and utilizes the most up-to-date research to build a young athlete's physical foundation, improve their coordination and self-esteem. Our signature speed and strength training methods are serious, but all within a fun and friendly environment to ensure the young athlete is engaged and motivated to give 110%.

El programa Parisi es impartido por entrenadores de rendimiento certificados de Parisi y utiliza las investigaciones más actualizadas para desarrollar la base física de un atleta joven, mejorar su coordinación y autoestima. Nuestros métodos exclusivos de entrenamiento de velocidad y fuerza son serios, pero todo dentro de un ambiente divertido y amigable para garantizar que el joven atleta esté comprometido y motivado para dar el 110%.

Before signing up, all athletes must complete a 60 minute mandatory evaluation to place the athlete in the correct class.

Evaluation Cost: \$19 for the first 100 Athletes (original price - \$59)



Scan to Schedule Evaluation.
For more information, email
paul@parisispeedschools.com or call us
at 949.201.0568

CALLING ALL FEMALE ATHLETES! AGES 8-14

Now Accepting Applications for 100% Coverage Cost!

¡Ahora aceptando solicitudes para el 100% del costo de cobertura!

The Anaheim Family YMCA received a \$50,000 grant from the LA84 Foundation to expand and enhance youth activity through sport and play. Through this grant, the Anaheim Family YMCA is launching its TRYumphant Sports Program, which provides female athletes access to three sports programs:

Street Hockey, Soccer, and Volleyball.

Anaheim Family YMCA recibió una subvención de \$50,000 de la Fundación LA84 para expandir y mejorar la actividad juvenil través del deporte y el juego. A través de esta subvención, Anaheim Family YMCA está lanzando su programa TRYumphant Sports, que provee a las atletas femeninas acceso a tres programas deportivos:
Street Hockey, fútbol y voleibol.



Qualifications/Requisitos:

- Must be a female athlete/Debe ser una atleta femenina
- Ages/Edades 8-14
- Must qualify for Financial Aid/ Debe calificar para ayuda financiera
- Enrolled in either/Está inscrito en: **Volleyball, Soccer, or Street Hockey**

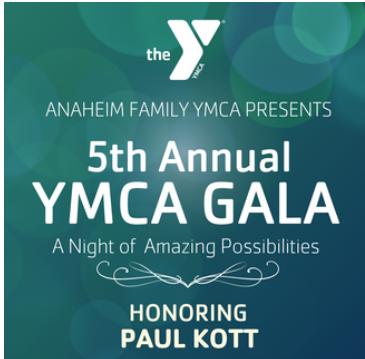
Apply Today!



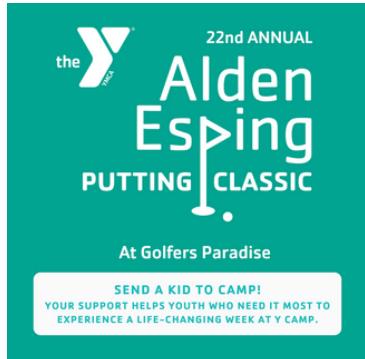
UPCOMING EVENTS

When you get involved with YMCA community events, you not only enjoy unique experiences, you impact thousands of youth, teens, adults and families. There are many opportunities for you to get involved. Become a partner, sponsor or guest. Every role plays an important part in our cause. Event proceeds benefit families and children in YMCA programs.

Cuando participa en los eventos comunitarios de la YMCA, no solo disfruta de experiencias únicas, sino que impacta a miles de jóvenes, adolescentes, adultos y familias. Hay muchas oportunidades para que usted participe. Convírtete en socio, patrocinador o invitado. Cada papel juega un papel importante en nuestra causa. Las ganancias del evento benefician a familias y niños en los programas de la YMCA.



MARCH 9, 2024
The Westin Anaheim Resort



MAY 18, 2024
Golfer's Paradise



SEPTEMBER 30, 2024
Aliso Viejo Country Club

To find out more information or to become a sponsor, email info@anaheimymca.org or call 714.635.9622.



We impose an Infrastructure Fee of 3% on Cards and 0.79% on ACH transactions, which is not greater than our cost of acceptance.

Imponemos una tarifa de infraestructura del 3% a la tarjeta y del 0.79% a las transacciones ACH, que no es mayor que nuestro costo de aceptación.



ALWAYS HERE FOR OUR COMMUNITY

OUR CAUSE

We strengthen the foundations of community. We work side-by-side with our neighbors to make sure that everyone, regardless of age, income, or background, has the opportunity to learn, grow and thrive.

OUR FOCUS

For Youth Development

Nurturing the potential of every child and teen.

For Healthy Living

Improving people's health and well-being.

For Social Responsibility

Working with our community to give back.

OUR VALUES

HONESTY, CARING, RESPECT, AND RESPONSIBILITY

Our values are celebrated by staff, members, and volunteers, and provide a positive foundation for all YMCA programs and a healthy connection with others.

**Do you think you have what it takes
to serve your community?**

We are in need of Creative Thinkers,
Leaders, and Team Players!

Find your passion and APPLY TODAY!

ANAHEIM FAMILY YMCA COMMUNITY COMPLEX

1422 W. Broadway, Anaheim, CA 92802

Office Hours: Mon-Fri from 9:00am - 5:30pm

P 714 635 9622 W anaheimymca.org

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