



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LIFEGUARD CERTIFICATION COURSE

## PREREQUISITES:

Minimum of age of 16 by the last day of the scheduled course.

Those under the age of 18 must have parental consent to participate in the course.

Swim 300 yards (12 laps of a 25-yard pool) without stopping, using the front crawl and breaststroke. Tread water for 2 minutes using only legs. Retrieve a 10lbs weight from 7 feet, and then swim 20 yards with weight, using legs only.

## REQUIREMENTS FOR SUCCESSFUL COMPLETION:

This is a BLENDED LEARNING Course. **Participants must complete the online skills portion of the course prior to the class meeting.** Participants must attend the entire scheduled class, demonstrate proficient land and water skills, and pass the written exam with a score of least 80 percent.

## SIX COURSES OFFERED FOR SUMMER 2020:

**Mandatory attendance to complete course.**

All classes located at [Pearson Park Pool: 400 N Harbor Blvd, Anaheim, CA 92805](#)

- Saturday, February 15<sup>th</sup>, 2020, 8:30am – 5:30pm
- Saturday, February 22<sup>nd</sup>, 2020, 8:30am – 5:30pm
- Saturday, March 21<sup>st</sup>, 2020, 8:30am – 5:30pm
- Saturday, March 28<sup>th</sup>, 2020, 8:30am – 5:30pm
- Saturday, April 11<sup>th</sup>, 2020, 8:30am – 5:30pm
- Saturday, May 2<sup>nd</sup>, 2020, 8:30am – 5:30pm

## COURSE FEES:

**\$85** - Includes: Lifeguarding, Standard First Aid and CPR/AED for Professional Rescuer (valid 2yrs)

**\$15** - CPR mask (optional)

**ITEMS TO BRING:** Swim Suit, Towel, Pen and Picture ID

## REGISTER [ONLINE](#) OR CONTACT:

Anaheim Family YMCA  
(714)635-9622

240 S. Euclid St., Anaheim, 92802

