



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LIFEGUARD CERTIFICATION COURSE

PREREQUISITES:

Minimum of age of 16 by the last day of the scheduled course.

Those under the age of 18 must have parental consent to participate in the course.

Swim 300 yards (12 laps of a 25 yard pool) without stopping, using the front crawl and breaststroke.

Tread water for 2 minutes using only legs.

Retrieve a 10 lb weight from 7 feet, and then swim 20 yards with weight, using legs only.

REQUIREMENTS FOR SUCCESSFUL COMPLETION:

Participants must attend all scheduled class dates and times, demonstrate proficient land and water skills, and pass the written exam with a score of least 80 percent.

COURSE DATES AND LOCATIONS FOR SUMMER 2018:

Mandatory attendance for all 3 classes to complete course.

March 23-25th

Friday, March 23rd 4:00pm-9:00pm

YMCA Main Office: 240 S. Euclid St., Anaheim, CA 92802

Saturday, March 24th 8:00am-5:00pm

Pearson Park Pool: 400 N Harbor Blvd, Anaheim, CA 92805

Sunday, March 25th 9:00am-4:00pm

Pearson Park Pool: 400 N Harbor Blvd, Anaheim, CA 92805

COURSE FEES:

\$175 - Includes: Lifeguarding, Standard First Aid and CPR/AED for Professional Rescuer (valid 2yrs)

\$15 - CPR mask (optional)

Course Fee Payable to the Anaheim Family YMCA

Payment options: cash, check, money order or credit card.

*Class Fees are non-refundable after the first day of class.

ITEMS TO BRING: Swim Suit, Towel, Pen and Picture ID

REGISTER ONLINE OR CONTACT:

Anaheim Family YMCA: 240 S. Euclid St., Anaheim, 92802 • (714) 635-9622 • anaheimymca.org

