After School Supper Program

An Anaheim Family YMCA and
Anaheim City School District Partnership





Served nearly 465,000 healthy meals to kids in one year

Background

- Program was created to fill the late afternoon hunger gap by providing healthy meals for students in the Anaheim Achieves afterschool program
- Data revealed that 85% of the students in the Anaheim City School District are provided with a free or reduced price lunch, and 7% self-report insufficient food at home to meet their basic needs
- Program official start date was September 8, 2014 and was only offered at Mann, Ponderosa, and Edison elementary schools
- October 13, 2014 expanded to Loara, Ross, Revere, Orange Grove, John Marshall, Franklin, Henry, Price, and Westmont elementary schools
- November 12, 2014 expanded to Barton, Gauer, Guinn, Jefferson, Juarez, Palm Lane, Sunkist, Lincoln, Madison, Olive, and Roosevelt elementary schools
- August 12, 2015 expanded to six junior high schools in the Anaheim Union High School District: Ball, Dale, Brookhurst, Orangeview, South and Sycamore Jr. High schools
- Supper Program currently serves over 2,000 youth at 24 elementary schools in the Anaheim City School District and Anaheim Union High School District

Program Details

- Anaheim Family YMCA provides supper to students through the at-risk afterschool meals component of the Child and Adult Care Food Program (CACFP). The program is Federal funded to afterschool programs that serve a meal or snack to children in low-income areas
- U.S. Department of Agriculture's (USDA) Food and Nutrition Service (FNS) administers CACFP at the national level. CACFP is administered by the State Department of Education
- Anaheim Family YMCA applied and was approved by the California Department of Education (CDE) to operate the program
- Anaheim Family YMCA signed an agreement with CDE, and is responsible for overseeing the program at the ACSD sites that provide supper meals
- Anaheim Family YMCA receives the Federal reimbursement through the CDE to cover the administrative and operating costs of preparing and serving meals to children at their program sites
- Anaheim Family YMCA subcontracts with Preferred Meals System Inc., to provide the supper meals on a daily basis

Meal Information

- Approximately **10,313 meals** are ordered every week
- All meals are healthy. Each meal serves low-fat milk, two servings of fruits and vegetables, whole grains or wheat, and protein
- Supper is served between 4:45 5:15 p.m.