



NEW YEAR NEW YOU NEW US



Come discover the all **NEW**
YMCA Express
LIVE HAPPY. LIVE HEALTHY.



**FREE & FUN
CLASSES
ALL WEEK LONG**

**Jan 30-Feb 2
4-8pm**

Yoga
Flash Fitness
Weight Training
Zumba



Operation Hours
Monday-Thursday:
9:00am-12:30pm
4:00pm-8:00pm
Fridays:
9:00am-1:00pm

2000 W. Ball Rd., Anaheim
located at former Key Elementary School
(714) 393-7308

Visit anaheimymca.org
for more information and
class schedules