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**FOR IMMEDIATE RELEASE**

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## **Anaheim Family YMCA Introduces Adventure Guides Program for Parents and Kids**

ANAHEIM, Calif. — This fall, the Anaheim Family YMCA is launching its Adventure Guides program, a unique opportunity for boys and girls ages 5-9 and one of their parents or adult role models to participate in fun activities. Each month, parent-child pairs will meet in small groups called “tribes” for games, crafts, educational and character-building activities, discussions and refreshments. Major events are open to all members of the program and may include campouts, pinewood derbies, kite flying, bowling parties and more.

Two parent information meetings will be held:

**Saturday, Oct. 7**

9 a.m. to Noon  
Downtown Youth Center  
225 S. Philadelphia Street  
Anaheim, CA 92805

**Saturday, Oct. 14**

9 a.m. to Noon  
Orangeview Jr. High  
3715 W. Orange Ave.  
Anaheim, CA 92804

“Adventure Guides is a fun way for a parent and his or her child to spend time together and get to know each other,” said Karla Sherman, Youth Sports Director for the Anaheim Family YMCA. “While activities with the whole family are important, we also see value in strengthening one-on-one relationships, especially at an early age.”

To learn more about the Adventure Guides program, please contact Karla Sherman, Youth Sports Director, at (714) 635-9622 or e-mail [ksherman@anaheimymca.org](mailto:ksherman@anaheimymca.org).

*Celebrating its 95th anniversary this year, the Anaheim Family YMCA currently serves more than 10,000 kids and families in the Anaheim, Cypress, Stanton and La Palma communities.*

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